May 2022

A Newsletter of Trinity On The Hill, Episcopal Church :: Los Alamos, NM Online-only Edition, vol. 18



Trinity Tidings

From the Interim Rector

Eucharist in Two Kinds and The Common Cup Concerning a return to the Common Cup By Father Raymond Raney, Priest in Charge

The COVID-19 Pandemic changed the church. For much of the first year, congregations did not meet in person. Innovations were undertaken to provide Holy Communion in a vast array of ways and means. Eventually, by June 2021 we came together again to worship in person. Priests in much of the Episcopal Church were guided by their bishops to administer the Eucharist in one kind, the Bread, to limit possible transmission of the disease. This was based on the doctrine of concomitance.

"The doctrine of concomitance dates back to the sixth century, and takes its name from the Latin "accompany with." Because

Christ's person is one, it holds, his Eucharistic presence cannot be divided, and so a communicant receives the complete benefit of the sacrament in either bread or wine. The 1555 Council of Trent's *Decree on the Most Holy Eucharist*, the Roman Catholic Church's official summary of the matter, declares, "Moreover, that the Body itself is under the species of wine, and the Blood under the species of bread, and the soul under each by virtue of that natural connection and concomitance by which the parts of Christ our Lord... are naturally joined together." [*From an article in* The Living Church *found at* <u>https://livingchurch.org/2020/03/09/bishops-withhold-common-cup-in-response-to-coronavirus/</u>]

When I was called as TOTH's Interim Priest-in-Charge in June, Holy Communion in one kind was the practice. The guiding principle, to my way of thinking, was health and safety. I considered various methods of providing the Bread and the Wine, but I could not come up with a way of safely making the wine available.

The "how" was the issue. The Constitution and Canons of the Episcopal Church [Canon III.9.6(a)(1)] state:

"The Rector or Priest-in-Charge shall have full authority and responsibility for the conduct of the worship and spiritual jurisdiction of the Parish, subject to the Rubrics of the Book of Common Prayer, the Constitution and Canons of this Church, and the pastoral direction of the bishop."

As the pandemic seemed to abate in the fall, inspiration guided me to consider a means of intinction using tweezers to eliminate direct contact between priest and communicant. And with Bishop's blessing, communion of intincted wafers was provided starting at the Thanksgiving Eucharist when the congregation

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Weekly Worship Schedule Sunday 8 am: Rite I Holy Eucharist

10:30 am Rite II Choral Eucharist

<u>Wednesday</u> 7:30 am Holy Eucharist 12:30 pm: Healing Service Both in St. Athanasius Chapel <u>Friday</u> 7:30 am Morning Prayer (Zoom) www.latoth.org/digitalworship

~ Come Worship With Us! ~ All are Welcome

Trinity on the Hill Episcopal can be found at: 3900 Trinity Drive, Los Alamos NM 87544 <u>www.latoth.org</u> <u>admin@latoth.org</u> 505-662-5107



THOUGHTS FROM THE SENIOR WARDEN

Let me start by thanking Fr. Raymond and Mother Laurie who, along with the choir, altar guild, staff, and media team all worked so many hours to bring Trinity on the Hill a spirit-filled Holy Week and joyous Easter weekend. What a blessing it was to worship and celebrate together either in person or via Facebook. After attending all the wonderful services that week, I certainly felt refreshed and renewed to continue God's work in our church and beyond.

Since Easter Sunday the broken furnace/cooling system has been replaced, members of the staff and vestry have met with a representative from Church Insurance



to review our insurance coverage, and the Bishop is directing each church in our diocese to explore ways to return the common cup to the Eucharist. Los Alamos County remains Green in terms of COVID transmissions, so we continue to have options for services without masks (10:30 on Sundays) and those where masks are still required (8 am Sundays and all services in the Chapel). I also hear the Search Committee is beginning to consider applicants for our permanent Rector, so we have lots of reasons for thanksgivings, but we need to redouble our prayers for TOTH as well.

As I'm writing today, wildfires are once again ravaging New Mexico and driving families from their homes, businesses, and communities. Los Alamos is in the "Ready" phase of the "Ready-Set-Go" scheme, with everyone considering where they would evacuate to, should conditions worsen. My mother is no longer in White Rock, but I remain consumed by the vagaries of the winds and the overwhelming drought conditions which are plaguing our entire state. We know the Lord has the power to calm the winds and to bring lifegiving rain. I just pray that His merciful intervention may be felt soon and that no more property or lives will be lost.

Please pray for your clergy, Vestry, and Search Committee as we all continue the work we have been called to do on behalf of our congregation and our parish. Also, if you see a need that you feel yourself led to address at TOTH, please contact me or any member of the Vestry or clergy, and we can help you become more involved in the life of this wonderful parish family. We are all in this together and I have faith the Holy Spirit is working among us. Our charge is to remain focused on the health of Trinity on the Hill during this time of transition, and to participate fully in giving, working, and worshipping together to the glory of God.

Alleluia. He is Risen!

Margaret Odell, Senior Warden

Dear Friends,

The Trinity Tidings will take a break in July, so the June issue will cover both months. Submissions are due by Friday, June 3.

Best wishes, Claire

From the Editor:

Graduation Sunday is almost here (May 22), followed by Memorial Day weekend (May 29), and then Pentecost (June 5). The school year is nearly over and this can be a stressful time for students and their parents. Please keep our graduates in your prayers. Their names are listed elsewhere in this publication. This year again there is uncertainty—just when we thought we were getting back to normal!

FROM THE CO-JUNIOR WARDENS

Good Morning Ladies and Germs. A not so funny thing happened on the way here today...



This is the latest installment of writing from the Co-Junior Wardens. Co-Junior Warden Lisa asked If I would expound, so if the style seems any different this time, that is merely coincidental.

With that said, I hope this finds you all, and in being found, that you are safe, feeling as calm as might be in times such as these, and cognizant of that which others may be experiencing.

Each of us is subjected to stress from either internal or external events attempting to influence. I would venture to say that it is a rare person among us who is not.

In the day-to-day whizzing among the world, *Kindness* is too often lost. Please remember that *Kindness* is magical. Magical, because with very little effort, it can brighten a day for the receiver, but I like to think also for the show-er. As I write to you on Mother's Day, I think about the kindness attitude my mother instilled within me. I think that may be evident and hope you have similar views and values from your own. But I digress...

April was a little like Minnie Mouse's wild ride, and that continues yet into May. But I hold hope for the kinder gentler time to be presented to us.

Interspersed with the news from around the world, there is some good here at Our church.

We have completed the installation of replacement Heating and Cooling equipment, so the first benefit of cooling should be noticed soon as the days warm; but later in the coming year we will not need to use the portable space heaters along with sweaters and coats on Sunday mornings.

Arriving soon will be replacement motors for the Kelly Hall restroom doors. Watch along or participate if you like while I get them installed.

As we prepare for some semblances of life we enjoyed before year 2020, opportunities for Fellowship and Fellowine-ship could be presented. Say perhaps a bar-be-cue? How about a TOTH Happy Work Day? Parking Lot sweeping and Painting Party? Planting more flowers and shrubs in our gardens? Your ideer here:______? No, Really, you goteny thing? Come on speak up! Don't be shy. We wanna hear from you. Or someone like you.

Prayerfully submitted with love and respect.

Your Co-Junior Wardens

And now a word from our sponsor?



Continued from page 1

once again was welcomed to the Altar Rail.

The intinction by the priest will continue, and the offering of consuming the Wine from the Chalice returned on May 8. As Bishop Hunn wrote at the end of April, the withholding of the Common Cup was only a temporary measure, and the preferred method of communion is to receive the Bread and the Wine separately. The Rubrics in the Book of Common Prayer state:

"Opportunity is always to be given to every communicant to receive the consecrated Bread and Wine separately. But the Sacrament may be received in both kinds simultaneously, in a manner approved by the bishop.

"When the celebrant is assisted by a deacon or another priest, it is customary for the celebrant to administer the consecrated Bread and the assistant the Chalice. When several deacons or priests are present, some may administer the Bread and others the Wine. In the absence of sufficient deacons and priests, lay persons licensed by the bishop according to the canon may administer the Chalice." [BCP 407-408]

As the Rubrics indicate, Lay Eucharistic Ministers will be needed to provide the Common Cup at both Sunday services, and this is yet another affirmation of the role of the Laity in the administration of the Church and the Sacraments.

Providing the Bread and the Cup are an integral part of our heritage. In the Historical Documents in the BCP [pp. 407-408] Article XXX of the XXXIX Articles states:

Of both Kinds.

The Cup of the Lord is not to be denied to the Lay-people: for both the parts of the Lord's Sacrament, by Christ's ordinance and commandment, ought to be ministered to all Christian men alike.

Reception of the Wine by the Laity, which by tradition and doctrine had been reserved for the clergy, was an integral issue and a battle cry for the Reformation in Europe, and Protestant armies in Europe marched under the banner of the Chalice of the Lord.

It seems appropriate then that we return to the Common Cup on May 8, Mother's Day, and embrace the Bread of Life and the Cup of Salvation.

History and Theology

Extracted from a publication of the General Synod of the Anglican Church of Canada, ©2022

In the early church, communicants normally received both bread and wine. The manner in which these were received, however, changed gradually over the centuries. "In the patristic period the communicants received in their hands (see Cyril of Jerusalem, Mystagogic Catecheses 5:21-2). By the end of the sixth century women had come to be forbidden to receive the bread on the naked hand, and in the West worries about possible superstitious misuse of the sacrament and a growing respect for the eucharist led from around the ninth century to the practice of placing the host directly into the mouth. This manner of distributing the sacrament removed anxiety that small particles might be dropped, and any scruples about the need to purify the communicants' fingers after communion, as had become the custom for the priest.

The giving of the chalice lasted longer than receiving the eucharistic bread in to the hands. In the seventh century communion by intinction, that is, the dipping of the bread into the consecrated wine (intinctio panis) gained popularity. Forbidden in the West by the Third Council of Braga (675), it regained popularity in the eleventh century, only to be forbidden again in the thirteenth. By this time the reception of wine at communion by the laity had almost universally disappeared in the West, allegedly for fear of spillage. The development in eucharistic teaching that the entire Christ was present under either species (concomitance) was decisive in bringing it to an end. While the Council of Trent reaffirmed this doctrine, (Continued on page 5)

Continued from page 4

and restricted the chalice to the officiating priest, the Reformers maintained that communion under one form alone was contrary to the scriptural norm and the chalice was restored to the laity from the sixteenth century in the churches of the Reformation" [1]

The Rt. Rev. John Baycroft, retired Anglican Bishop of Ottawa, in his small booklet *The Eucharistic Way*, in the section on "Bread and Wine" wrote:

"The cup is also important. Jesus took one cup and gave it to all of his disciples to drink. Perhaps it was the cup of Elijah from the Passover ritual as some people say, but it was certainly a single cup. He did not merely pour wine into the disciples' individual cups and tell them to take a drink. There is a powerful challenge in this one. We are reminded of the agonizing decision that faced Jesus when he was praying before the crucifixion: 'My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as thou wilt.' (Matthew 26:39). We are also reminded by the one cup that we cannot drink it alone. We drink from a common cup as a strong symbol of unity and our willingness to accept each other. We share our love and lives as we share the cup. The implications for this for fellowship and support in the local church, for relationships between rich and poor in communities and nations, and for justice between North and South and first world and world countries are enormous. The cup of love and unity is unavoidably a cup of sacrifice". [2]

1. "Communion" by Donald Gray in *The New Westminster Dictionary of Liturgy & Worship*. Edited by Paul Bradshaw. Louisville: Westminster John Knox Press, 2002. p. 123.

See also "Communion in both kinds" in *The Oxford Dictionary of the Christian Church*. Edited by F.L. Cross. 3rd edition edited by E.A. Livingstone. Oxford: Oxford University Press, 1997. p. 386-387.

2. The Eucharistic Way. John Baycroft. Toronto: Anglican Book Centre, 1981. p. 33-34.

<u>Trinity Tidings</u>

A newsletter of Trinity on the Hill Episcopal Church

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Editor: Claire Singleton

Calendars and schedules: Claire Singleton Distribution: Online publication only. Paper copies mailed upon request.

Trinity on the Hill's Mission

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The Mission of Trinity on the Hill is to share the power and joy of God's love, to fully embrace all God's children, and to respond to the needs of our community and the world in the spirit of Jesus Christ

> The next regularly scheduled issue will be for June/July. Submission deadline: Friday, June 3, 2022.

Submit electronically to admin@latoth.org

God and Cosmos: On the Journey of Truth, Faith, and Reason

The Los Alamos Faith and Science Forum invites you to a summer of celebration of being together again and continued examination of issues at the interface of faith and science:

--extending the discussion on human origins and evolution,

- --expanding the boundaries of faith and embedded truth,
- --exploring the nature of God's interaction with humankind.

This, our 9th season of Wednesday events runs from June 1 to August 3. Our season starts with our invited external speaker – Prof. Martinez Hewlett, professor emeritus of cellular biology from the University of Arizona. He now lives in Taos and teaches at UNM. He will review and compare models for human evolution. Later talks this summer on evolution consider experiments on the origin of life by Patrick Berg, MD, and the importance of bacteria and viruses in the evolutionary process by Glenn Magelssen, PhD. In addition, we expand the boundaries of faith with presentations related to religion and science to include two talks related to Eastern Orthodox Christianity by Dr. Victoria Erhart (UNM-LA) and Father Jesse Robinson (Holy Trinity Orthodox Church, Santa Fe). There also will be a talk on the science of Buddhism by, John Ambrosiano, PhD, and a discussion on the image of God by Eric Ferm, PhD. The deep issues of truth in faith and God's role in the discovery process will be addressed in talks by Gary Stradling, PhD., Nelson Hoffman, PhD, and Chick Keller, PhD.

We are returning to our pre-pandemic mode of an evening program that starts at 6 pm with a light supper, then the featured presentation at 6:30, followed by questions for the speaker, and concluding with table discussions related to the evening's topic.

These events are free and open to the public. They will all be held in Kelly Hall at Trinity on the Hill Episcopal Church, 3900 Trinity Drive, Los Alamos. The hall is large enough for people to spread out as comfortably as they like. The presentations and subsequent discussions will also be available on zoom. The zoom link is easily found on our website: <u>www.lafsf.org</u> Also on the website is the complete summer schedule.



APRIL 17, EASTER SUNDAY

Those of you present at the 10:30 service on Easter Sunday may recall Mother Laurie's memorable "bounce house" Children's Sermon (above). The parental reaction to those comments is shown right. The equally outstanding Altar Party is shown at far right.

(Photos: Maggie Moore)







BISHOP OF THE EPISCOPAL DIOCESE of the RIO GRANDE

THE RIGHT REVEREND MICHAEL BUERKEL HUNN

April 29, 2022

Dear friends in the Diocese of the Rio Grande,

Due to the COVID pandemic, we, the Diocese of the Rio Grande, have forgone the practice of receiving the Sacrament from the common cup out of love for our neighbor and concern for the public health.

This was temporary situation, and it is now time for each congregation to begin planning to restore the practice of offering the common cup.

As we have done throughout COVID, each congregation's clergy and vestry or bishop's committee will work with me on a process that is right for each church. We will continue to balance public health concerns with the strength of our theology and centuries of Christian practice.

Here's the process:

Step One: Each cleric and vestry or bishop's committee will discuss their congregation's needs, practices, and traditions with respect to the Eucharist.

Step Two: The clergy will design and present some teaching about the Eucharist with particular emphasis on the common cup in the tradition of the Episcopal Church.

Step Three: each congregation will restore the administration of the Sacrament by means of the common cup on a timeline appropriate to each congregation.

See the attached for information about the common cup in the tradition of the Church and also about public safety and the process of intinction.

May the Blessing of God Almighty be upon us.

Faithfully,

+Michael

The Right Reverend Michael B. Hunn Bishop The Diocese of the Rio Grande

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TRINITY ON THE HILL EPISCOPAL CHURCH

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May 3, 2022

Concerning the Return to the Common Cup

Your TOTH Vestry met this past Thursday, April 28, 2022, in advance of Bishop Hunn's publication of the new diocesan policy concerning "The Return to the Common Cup." The vestry voted to begin offering the option to drink from the chalice starting Sunday May 8, 2022.

The change in policy was the topic at the Clergy Gathering (via Zoom) on Tuesday April 26, so the elements of the new policy were incorporated in the Vestry discussion. All considerations opening the congregation to a lessening of Covid restrictions continue to be based on a continuation of Los Alamos County being considered Green/Low according to the CDC.

In keeping with the Bishop's policy, Communicants will be offered a choice of receiving the wafer and wine from the common cup or receiving the intincted wafer. All Communicants also have the option of receiving just the wine or just the wafer, which is in keeping with the Eucharist being complete in either form – bread or wine. Gluten-free wafers will continue to be available upon request.

We will continue to intinct the host using tweezers to diminish any possibility of transmission. Likewise, the Lay Eucharistic Ministers will be trained to wipe the brim and rotate the chalice to ensure no one drinks from the same place consecutively – all to reduce the possibility of transmission.

The Eucharistic Ministers, both Clergy and Lay, will use hand sanitizer before communicating the elements.

Blessings as we move into another new beginning.

Raymond+

The Rev. Canon Raymond Raney Interim Priest-in-Charge Trinity on the Hill Episcopal Church

> Worship Times: Holy Eucharist at 8:00am (Rite I) and 10:30am (Rite II) on Sundays. Healing Service: Wednesday, 12:30 pm in the St. Athanasius Chapel at TOTH.

TRINITY TIDINGS

From the Search Committee

It has been a relatively quiet two months for the Search Committee, while our open position for a rector has been posted in various Episcopal sites. Early in May Canon Curtis will forward to us the applications he has received, and we will get our first indication of how the COVID disruptions might affect us. We already know, from what Bishop Hunn and Canon Curtis learned at a recent meeting of Episcopal transition ministers across the country, that high housing costs nationwide have made many priests reluctant to move. But Father Ray-



mond, bless him, has assured us he is prepared to stay with us until we find a rector, even if it requires going through another hiring season or two.

Before we get to the process of reviewing applicants, I want to make two points to the parish. The first is that there is no rector who will be perfect for everyone. We on the Search Committee are deliberately a diverse group, and we each have our own personal preference for the kind of rector we would like, and some of those preferences are quite different. But we are charged by the Vestry to put our personal preference aside and seek by prayer and discussion to discern, not what we personally would like, but what our parish as a whole needs in a rector. As the Gospels make clear, not even Jesus could satisfy all of his disciples all the time, and there were only 12 of them!

Just so, I appeal to everyone in the parish to take the same approach. Yes, we all have preferences for the style of rector we would like. But the Search Committee will try its best to select a rector that in our best judgment will help the parish of Trinity on the Hill as a whole to prosper. And, regardless of who we eventually get as a rector, we hope you will cut them some slack, even if their style isn't exactly what you personally might have preferred. The rector's always-on-call job is in fact an exceedingly difficult and demanding one, and generally underpaid at that. How effective they will be will depend in large part on how well all of us give them our support.

The related point I want to make is this: Trinity on the Hill is not defined by its clergy, it is defined by its members. Our clergy are certainly important, but it is we in the parish who are the hands and feet of Christ. It is what we do for each other, for our community, and for the wider world that defines what Trinity on the Hill really is. A strong rector can certainly aid and guide us in our missions, but it is who we are as a parish that really makes our church strong. So, in that respect it is less important who we get as a rector or what his or her style is; what really matters is who we as a parish are. The real question then isn't what the new rector's style is; it is what our own style is.

Bill Godwin, Search Committee Chair



GRADUATING SENIORS 2022

Isabella Bailey Andy Corliss Connor Moore Jonathan Triplett Jorda Tucker Alexander Waters

Please join us to honor them on Sunday, May 22, at 10:30 am.



God Willing and the People Consenting

The Right Reverend Michael Buerkel Hunn

Bishop of the Diocese of the Rio Grande

will ordain

Lynn Marie Finnegan

to the Sacred Order of Priests in Christ's One Holy Catholic and Apostolic Church on

Tuesday, the fourteenth of June Two thousand and twenty-two Six o'clock in the evening

The Episcopal Church of the Holy Faith 311 East Palace Avenue Santa Fe, New Mexico 87501 Reception Following

Your prayers and presence are requested Clergy: White Stole

Live Stream at https://holyfaithchurchsf.org/services/sermons/

The link to our YouTube channel is

https://www.youtube.com/channel/UC9JPGSqeWs848DFYWMIPy9A

Women Alive Retreat at Rancho Jacona

Rozelle Wright

Women Alive members held a retreat in the last week of April at Rancho Jacona. Rancho Jacona is located about 25 minutes from Trinity on the Hill, close to the intersection of Highways 502 and 285. The full name of the group is Women Alive! in Mind Body and Spirit. During the retreat we lived up to the full name. The two evenings and one full day that we spent together were wonderful. In spiritual togetherness, we ended each evening with Compline and started each morning with Morning Prayer. Most of us had done the assigned reading of the book "The Furious Longing of God" by Brennan Manning, which led to somewhat intense but very meaningful discussions. Even the meaning of the title had many interpretations. On the first night, we enjoyed the first potluck for many of us since the beginning of 2020. Lunch the second day was soup and sandwiches and then we made dinner together that night. Snacks were abundant. During the free time we had on the afternoon of the second day, Peggy Goldman led many of us in a mini scrap-booking workshop where we made covered tiny scrap books. Then, in the late afternoon, Lynn Finnegan led us in a yoga class. We were awakened each morning by the calls of peacocks. There was also plenty of time to go on walks, look for birds and butterflies, and feed left-over vegetable scraps to the sheep and goats. On the last morning, some of us got up very early to see the conjunction of Jupiter and Venus. (photos from the retreat, courtesy of Rozelle Wright and Lisa Rothrock, are included below.)

Women Alive! In Mind Body and Spirit

Women Alive is a group of women which, though sponsored by Trinity on the Hill, includes women from many different denominations. Originally, the group met at 6:30 am at Trinity on the Hill, shared a breakfast and devotion led by one of its members, and closed by 7:30 am so that some members could get to work by 8:00 am. Currently, Women Alive is meeting via Zoom at 8:00 am for about an hour on all Tuesdays except the first Tuesday of the month. On the First Tuesday, we usually meet in person at 6:30 or 7:00 am and go on a walk, followed by breakfast and fellowship at a restaurant or member's home. As COVID becomes less of a threat, we may change the times that we meet. If you are interested in joining us, please contact Rozelle Wright or Claire Singleton. We welcome ladies of any age and denomination!













MAY 2022

VOLUNTEER SCHEDULE

Date	Time	Server	LEM or LEM/LR	LR/Prayers of the People	Media Team	Usher	Altar Guild
May 8	8:00	Richard Triplett	Rozelle Wright				Rozelle and Brad Wright
	10:30	Andy Light	Lynn Godwin Susan Sprake	Sally Cassil	Bill/Rick	D. Giovanielli	Kathy and Pete Peterson
May 15	8:00	Joe Cox	Kay Dreamtrader				Renee Roybal
	10:30	Mariah Stephens	Andy Light Leni Moore	Margaret Odell	Bill/Nancy	Linda Corliss	valarie Prestwood Karen Humphrey
May 22	8:00	Luke Favorite	Joe Cox				Ellie Giovanielli
	10:30	Richard Triplett	Lisa Rothrock Isabella Stephens	M. Lobato	Bill/Michelangelo	Maggie Moore	Marybeth Stephens
May 29	8:00	Andy Light	Rozelle Wright				Michelle Espy
	10:30	Susan Sprake	Renee Roybal Susan Sprake	Lisa Rothrock	Bill/Mark/Richard	D. Giovanielli	Jo Moore



Remaining Connected during COVID-19

Let's get something straight: Screen-Time Burnout is a real thing. But it's the safest way to stay connected, so let's use it to the best of our ability. Knowing this, however, we have expanded some in-person offerings for those who desire.

Tuesdays:

- **Women Alive** via Zoom at 8 am. Contact Rozelle Wright or Claire Singleton for the link. First Tuesday meeting outdoors at daylight.
- Zoom **Coffee Hour** at 10 am. Link sent out via email (<u>admin@latoth.org</u> for more information)

Wednesdays:

- Holy Eucharist at 7:30 am in St. Athanasius Chapel. In-person service only.
- **Service of Healing** at 12:30 pm in St. Athanasius Chapel. In-person and Zoom service.

Fridays:

• **Morning Prayer** via Zoom at 7:30 am. Led by Deacon Lynn Finnegan. Zoom link sent via e-mail.

Sundays:

- Holy Eucharist Rite I at 8 am, in person only (masks required).
- Choral Eucharist Rite II at 10:30 am, in person (masks optional) and via Facebook live at <u>www.facebook.com/trinityoth</u>

Trinity on the Hill Episcopal Church

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Los Alamos, NM 87544

Return Service Requested

