February 2025



A Newsletter of Trinity On The Hill, Episcopal Church :: Los Alamos, NM Online-only Edition, vol. 43

Trinity Tidings

From the Rector:

Yesterday I sat in on a Zoom training from the Church of England on the "Difference Course" and it reminded me of some work I was doing a year ago. At last year's Lenten Soup Supper, I taught a course on *Reconciliation in a Culture of Conflict.* Like many of you, for some time I have increasingly become concerned about the growing divisions in our country and in our world.

Two weeks ago, during my sermon, I addressed the Bishop of Washington's sermon at the interfaith prayer service, held in the National Cathedral the day after the election. It was a little, as the kids say, "spicy." But it wasn't partisan. At least that wasn't my intention.

I know I sound like the lady who doth protest too much, but I really have voted on both sides of the aisle for nearly 30 years. I work hard at trying to see the positives and negatives on all sides. And I have worked hard over the years not to preach *party* politics, or to let partisan discussions gain too much ground at Church.

But there is a Catch-22 here. We cannot be faithful Christians without caring about what is going on in our world. The parable of the sheep and the goats, found in the Gospel of Matthew (Chapter 25, v. 31-46) gives us a clear example of how Jesus expected his followers to be in the world. The great 20th century Protestant theologian Karl Barth said that we should preach with the Bible in one hand, and a newspaper in the other. (I know! You are thinking "*which* newspaper?")

Under politics as usual, my goals have been pretty achievable. That is not to say I haven't aggravated people. I have been a great disappointment to people who have wanted me to be on one side or the other. One of my very first parishioners was a woman whose husband had been in the diplomatic core under John Foster Dulles. I cannot begin to tell you how disappointed she was that I didn't join in protesting the invasion of Iraq.

But, in recent years, our politics have often been very **un**usual. I know I don't have to enumerate how they are different. It's on the news constantly. So what is a pragmatic centrist to do?

As much as possible, I will avoid party politics. I will pray for the people in power. I will do my best to be kind and insist that everyone else try too. I won't bring current events into every sermon. I know for many of us church is a "soft place to fall," and we need it to be different than what we get out in the world. I completely get that. But I also know it's meant to be a place that inspires and encourages the mission we are called to through our baptismal ministry. I promise that I will try to keep these things in balance, and not over-do one or the other.

What I cannot promise is that I won't speak about issues if they are patently un-Christian. I was chatting with some long-time parishioners about this very topic yesterday. I told them, "I'm sorry, but if someone decides to stop funding something like Meals on Wheels, I'm going to have to speak up." They understood. I hope you do too. Mother Mary Ann

Contents

- **p. 2:** From the Senior Warden
- p. 3: Choral Evensong Returns
- p. 4: The Best-Sauppé Concert
- p. 5: Children's Sunday School
- **p. 6:** About Shrove Tuesday.....
- **p. 7:** Wedding Save-the-Date; House of Hope Donation Match
- **p. 8:** Weekly Schedule; Colophon
- **p. 9:** Camp Stoney News
- p. 10: February Schedule

Weekly Worship Schedule Sunday 8 am: Rite I Holy Eucharist

10:30 am Rite II Holy Eucharist (with music)

7:00 pm: Compline

<u>Wednesday</u> 12:30 pm: Healing Service St. Athanasius Chapel

~ Come Worship With Us! ~ All are Welcome

Trinity on the Hill Episcopal can be found at: 3900 Trinity Drive, Los Alamos NM 87544 <u>www.latoth.org</u> <u>admin@latoth.org</u> 505-662-5107

FROM THE SENIOR WARDEN

Hello!

Thanks to all of you who attended the annual meeting and/or read the TOTH Annual Report. I hope you found them informative. If you haven't read the annual report yet, I hope that you will. It's a great way to learn more about all of the ministries happening at Trinity on the Hill. Many thanks to everyone who helped put it together, especially Claire Singleton.

I'd like to thank our offgoing vestry members for their service: Rebecca Foley, Mark Hartman, and Kelly Maginot. I'd also like to welcome our newest members: Michelle Carr, Paul Lisowski, and Lisa Rothrock. I'm grateful for their willingness to serve and look forward to working with them and our continuing members: Kay Dreamtrader, Andy Light, Patrick Moore, Mary Ogle, and Isabella Stephens.

I have agreed to serve as senior warden again, so you'll be hearing from me monthly in this space. Feel free to reach out to me with questions or concerns at <u>kdfave@gmail.com</u> or 505-310-4411.

Jeff and I just returned from a wonderful weekend in Durango where we attended their winter festival, Snowdown, along with 36 other Hill Stompers, including several who are part of TOTH. We had a great time making music, dancing, and spreading joy throughout the town. Special weekends like this remind me of God's gifts that bring happiness and fulfillment to our lives. I'm thankful for the relationships that I have built with my band friends. I'm grateful for the ability to make music and share it with others, as well as the physical well being and financial means to enjoy an opportunity like this. I appreciate the people who come out to hear us play and share their enthusiasm and love with us. We are blessed to have God who loves us enough to provide ways to enrich our lives and fill our hearts with joy.

In Christ, Kandice Favorite Senior Warden

P.S. The theme of the weekend was board games. Jeff was the game of I was a *Sorry!* pawn, as well as luxury tax from *Monopoly*.





Life.

Choral Evensong Returns, February 9

Evensong Explained, by John Singleton

The service of Evensong, or Evening Prayer, is a combination and a development of the daily Monastic services. Monks and Nuns would be summoned to worship at midnight to welcome the new day. After this, they would go back to bed until dawn, when they returned to the church to sing Lauds. During the day, the third, sixth and ninth hours – measured from 6 o'clock in the morning – were marked by the services Terce, Sext and Nones. At sunset, Vespers would be sung, followed by Compline, the last thing at night. This seven-fold pattern of worship is very ancient, and can be traced back to when then Jews were exiled to Babylon, far away from the Temple. At that time, they learned to "sing the Lord's song in a strange land", as the psalmist says, without altar or sacrifice. The services are mentioned in other psalms, for example "Seven times a day will I praise Thee," and "At midnight I will rise to give thanks unto Thee." When the Gospels mention Jesus and his disciples reading scripture, praying and singing psalms, they would be almost certainly using one of these forms of worship.

At the English reformation, Cranmer and others saw the importance of continuing this tradition that predates even the establishment of synagogues. However, the reformers were also determined to redemocratize Christianity - to involve the whole of the community in worship - and recognized that it was too much to expect the whole parish to gather seven times a day. So, the first two monastic services were combined into Morning Prayer, Vespers and Compline were put together as Evening Prayer, and the services were translated into English. Cranmer and his colleagues were also determined that the congregation should know and love the psalter and the scriptures; hence, the very short readings and the restricted number of psalms used at Compline were replaced by a Lectionary giving a schedule for singing of all of the psalms, plus a complete list of long readings from the Old and New Testaments, setting out the Gospel, the Good News.

Although at TOTH we use the 1662 Book of Common Prayer text for Evensong, most of the English text of the central part of the service was already in use by 1549. The Introduction, consisting of Sentences, Exhortation, Confession and Absolution, was added in 1552, as were the Intercessions that conclude the service. The distinction is preserved to this day, with the Introduction and Intercessions being spoken, and the central section – derived entirely from scripture and as used in the ancient services - being sung. The fact that two services are combined has resulted in the Lord's Prayer occurring twice!

Evensong has inspired many composers to set the texts to music. These range from late Renaissance composers, such as Thomas Tallis, William Byrd and Orlando Gibbons, to the high Victorian geniuses such as Charles Villiers Stanford, Charles Hubert Hastings Parry, Thomas Attwood Walmisley, and later masters of the form such as Herbert Murrill, Herbert Howells, and Basil Harwood. This wealth of excellent music has ensured that, after a period of decline, Evensong is a growth area within modern Christianity, both within the Anglican-Episcopalian Communion and as an export; perhaps surprisingly, an increasing number of non-Anglican churches in Germany, the Netherlands and other countries are celebrating Evensong (in English!) so that their choirs and congregations can experience the wonderful music and Cranmer's stirring language.

So, when we are asked "What did Jesus do?", one of our possible answers is that He and the disciples often celebrated something very closely related to Evensong. We hope to continue to develop our use of this service.

Trinity on the Hill Episcopal Church



The Best-Sauppé Concert!

Music by Mozart, Handel, Beethoven, Strauss, Chopin, and more

Jeremy Best, French Horn Margaret-Mary Sauppé, Piano and Organ

Saturday, March 1, 2025 4:00PM

> 3600 Trinity Drive Los Alamos, NM 87544

Freewill donations accepted

Reception to follow

Children's Sunday School

9:15am – 10:15 am

Grades 2 and under meet in Classroom 4

Grades 3 and up meet in Kelly Hall

In December, the kids in the younger Sunday School class reviewed the story of Jesus' birth, reading both versions of the story in Matthew and Luke. The kids preferred Luke's story to Matthew's. In January, the younger class resumed its study of the Prophets.



Bill and Mary Ogle have been wonderful volunteers in the younger classroom. If the new year has been pushing you to volunteer in any capacity, please contact the church's office team to get started.

Nursery

8:00 am-noon, every Sunday

The nursery had a very special visit in December from Luke Favorite; a definite "favorite" with our nursery kids – Tavish, Kairi, and Mark. Thank you, Luke!

THE BEST-SAUPPE CONCERT!

Trinity on the Hill Episcopal Church is pleased to host French Hornist Jeremy Best and Organist Margaret-Mary Sauppé in an interactive and engaging concert of classics on Saturday, March 1, 4 pm. Works for Horn, Piano, and Organ by Mozart, Handel, Beethoven, Strauss, Wagner, and others. Free for all ages.
Join us after the concert for a reception and a chance to talk to the artists.

See flyer opposite!



About Shrove Tuesday...

The word "shrove" comes from the old English word "shrive," to give absolution for sins. Traditionally, the days leading up to Ash Wednesday would be a time to go to confession in preparation for Lent. It was also a time when foods that would be given up for Lent would be consumed – such as butter and eggs – hence the reason for having pancakes on Shrove Tuesday.

Join us for the Shrove Tuesday Pancake Supper in Kelly Hall on March 4 from 5:30-7:00. Musical entertainment and activities for kids included!

About Ash Wednesday...

Ashes are an ancient sign of penitence. From the Middle Ages it became the custom to begin Lent by being marked in ash with the sign of the cross. The reminder that we are dust turns our attention to the creative power of God, and God's ability to heal the brokenness in our lives. *Re-turning to God is the work of Lent, and it prepares us for the celebration of Easter.*

Ash Wednesday is one of the two official days for fasting on the church calendar (the other being Good Friday.) Fasting can take various forms, although traditionally it would mean giving up meat and giving up a meal or eating smaller ones.

We encourage you, especially this time of year, to make time for worship, for the support of others, and for the observance of the traditions of the Church.

Join us for services at 7:30 am in the Chapel or at 12:30 (both spoken, lasting about 35 minutes) and 7:00 pm in the Sanctuary (with music) on Wednesday, March 5.

About Lent...

Lent is a time set aside to prepare for Easter. It begins with Ash Wednesday, a day of penitence (admitting our past wrongs and re-aligning ourselves with God) and a reminder of our own mortality.

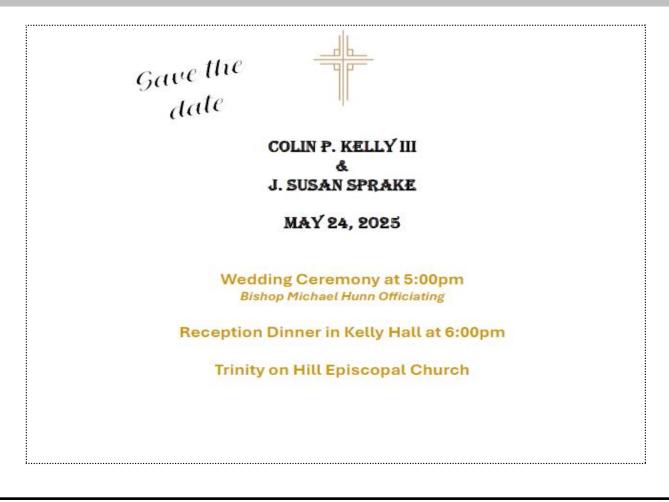
Lent continues for 40 days plus six Sundays. People often give up something or add something to their daily lives during this season. If we are giving something up, it should be done for a greater purpose than simply an exercise in self-discipline. If you choose to give up meat for Lent, you might consider giving the money you save to a charity. If you give up screen time, you might consider spending that extra time in spiritual reading or volunteering.

Just as meaningful can be taking on a spiritual practice. Extra time for prayer, meditation, reading scripture, and praying one of the daily services found in the prayer book are examples of this. If you have trouble settling on something, please feel free to ask our clergy.

Lent ends with Easter, our celebration of Jesus' resurrection from the dead. Our observation of Lent is incomplete without a celebration of the Resurrection.

Join us for Ecumenical Lenten SUNDAYS with other Los Alamos churches from 4:00—6:00 pm at First United Methodist Church starting March 9.

TOTH will provide soup and music on March 23.





HOUSE OF HOPE DONATION MATCH CHALLENGE

An anonymous donor has offered to match all donations of up to \$2,000 through March 7-Simply designate your gift to **House of Hope** and your gift amount will be doubled! Funds raised will be used towards the construction of a new home for a family in need in Juárez, Mexico.

We are so grateful to the matching donor!

Also, we are currently creating our team for our November 9-12 building trip. Please contact Julie or Jon Bulthuis <u>jwbulthuis@msn.com</u> or Joanna Gillespie <u>joken94@gmail.com</u> for more information if you are interested in joining the team on the November build.



Sundays:

- Holy Eucharist Rite I at 8 am.
- Holy Eucharist Rite II with music at 10:30 am; streamed via Facebook live at <u>www.facebook.com/trinityoth</u>
- **Compline**, 7 pm in the Sanctuary. Prayers by candle-light, with plainsong. All welcome!
- Choral Evensong: 6:00 pm, first Sunday of the month (no Compline)

Tuesdays:

• Women Alive at 7:30 am via Zoom (3rd/5th Tuesdays); in Sherrill Hall (2nd and 4th Tuesdays). Contact Rozelle Wright or Claire Singleton for the link. First Tuesday walks around sunrise, followed by breakfast.

Wednesdays:

• Service of Healing, 12:30 pm in St. Athanasius Chapel.

Thursdays:

- Men's Group, 7:30 am, Sherrill Hall
- Bible Study, 12 noon, Library, led by Fr. Kelly

Trinity Tidings

A newsletter of Trinity on the Hill Episcopal Church

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Calendars and schedules: Claire Singleton Distribution: Online publication only. Paper copies mailed upon request.

Trinity on the Hill's Mission



The Mission of Trinity on the Hill is to share the power and joy of God's love, to fully embrace all God's children, and to respond to the needs of our community and the world in the spirit of Jesus Christ

> The next regularly scheduled issue will be in March. <u>Submission deadline</u>: Monday, March 3, 2025.

Submit electronically to admin@latoth.org

Camp Stoney Summer Camp 2025 **Registration is Here!**

Session 1 (both Tracks): June 15-21 Session 2(both Tracks): June 22-June 28 Track 1: (grades 3-6) Track 2: (grades 7-10) Ages 15 and up are eligible to be Counselors in Training

REGISTER NOW

🔕 (575) 741-6424 🌐 <u>Camp Stoney- Diocese</u> of the Rio Grande

February 2025

Altar Guild	Marilyn and Paul Lisowski Andy and Linda Light		Rozelle and Brad Wright Kathy and Pete Peterson Mary and Bill Ogle		Renee Roybal Karen Humphrey		Ellie Giovanielli Marybeth Stephens Susannah Smith Sarah Rochester	
Usher 10:30		D. Giovanielli Greeter: Rebecca		Bill Godwin Greeter: Patrick		Andy Light Greeter: Isabella		Maggie Moore Greeter: Kandice
Media Team 10:30		Bill/Rachel		Richard/Rick		Rachel/Rick		Nancy/Bill
Prayers of the People, 10:30		Joanna Gillespie		Linda Light		Laurie Glascock		Claire Singleton
LEMILR	Rob Baran	Linda Light, LEMLR Andy Light, LEM	Rozelle Wright	Lisa Rothrock, LEM/LR Susan Sprake, LEM	Rob Baran	Lymn Godwin, LEM/LR Marilyn Lisowski, LEM	Rozelle Wright	Susan Sprake, LEMLR Renee Roybal, LEM
Acolytes	Richard Triplett	Susan Sprake, Server Isabella Stephens, Crucifer River Yamada, Cece Gulsby, TB	Ben Schilling	Isabella Stephens, Server River Yamada, Crucifer Gregory and Zachary Maginot, TB	Louisa Singleton	Ben Foley, Server, Susan Sprake, Crucifer, Josh and Anna Moore, TB	Richard Triplett	Susan Sprake, Server Peter Maginot, Crncifer, Gregory and Zachary Maginot, TB
Time	8:00	10:30	8:00	10:30	8:00	10:30	8:00	10:30
Date	Feb 2		Feb 9	-	Feb 16		Feb 23	

FEBRUARY VOLUNTEER SCHEDULE

Trinity on the Hill Episcopal Church

3900 Trinity Drive

Los Alamos, NM 87544

Return Service Requested



Trinity Tidings February 2025