

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you.

Do this in remembrance of me." Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same. And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood. And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him. And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

Celebrant  
 And now, as our Sa-vior Christ has taught us, we are bold to say,  
 People  
 Our Fa-ther, who art in hea - ven, hal - low - ed be thy Name,  
 thy king-dom come, thy will be done, on earth as it is in hea - ven.

Give us this day our dai - ly bread. And for-give us our tres-pas - ses,  
 as we for-give those who tres-pass a-against us. And lead us not in - to temp-ta - tion,  
 but de - liv - er us from e - vil. For thine is the king-dom,  
 and the power, and the glo - ry, for - ev - er and ev - er. A - men.

*The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be said or sung.*

**The Fraction Anthem**

Christ our Pass - o - ver is sac - ri - ficed for us; There-fore let us keep the feast.

**Agnus dei (sung at 10:30)**

Hymnal S 158

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he is us. Amen.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All baptized Christians, including children, are invited to receive communion. Please let the priest know if you require a gluten-free communion wafer. Please follow the instructions for receiving communion and use both sides of the rail, as space allows.*

**Communion Hymn (10:30):** "Lord, who throughout these forty days" Hymnal 142  
**Post-Communion Prayer** *(please stand as you are able)*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son our Savior Jesus Christ; the blessed company of all faithful people, and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

**The Blessing and Dismissal**

**Closing Hymn (at 10:30):** "A mighty fortress is our God" Hymnal 688

*Deacon or Celebrant:* Go in peace to love and serve the Lord. **Thanks be to God.**

Organ Postlude (10:30 am)

*(Please remain quiet for the Postlude or move to Kelly Hall for conversation and refreshments.)*

**Trinity on the Hill Episcopal Church  
 Los Alamos, New Mexico**

**The First Sunday in Lent**

February 22, 2026, 8:00 am and 10:30 am

Holy Eucharist, Rite I

**Please allow for quiet prayer before the service begins.**

**THE ENTRANCE RITE**

*Unison responses are in bold type.*

*Hymns are found in the blue Hymnal 1982 in your pew rack. Please stand for hymns.*

*"S" service music is in the front of the Hymnal.*

Organ Prelude (at 10:30)

*(Please kneel or stand as you are able)*

**The Great Litany**

BCP 148 OR Hymnal S 67

*Celebrant:* The Lord be with you. **And with thy spirit.**

Let us pray.

*The Collect of the Day*

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

*(Please be seated)*

**The Old Testament: Genesis 2:15-17; 3:1-7**

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord. **Thanks be to God.**



**Psalm 32 *Beati quorum*** (read responsively by whole verse at 8:00; sung at 10:30)

- 1 Happy are they whose transgressions are for- | given, \*  
and whose sin is put a- | way!
- 2 Happy are they to whom the LORD imputes no | guilt, \*  
and in whose spirit there is no | guile!
- 3 While I held my tongue, my bones withered a- | way, \*  
because of my groaning all day | long.
- 4 For your hand was heavy upon me day and | night; \*  
my moisture was dried up as in the heat of | summer.
- 5 Then I acknowledged my | sin to you, \*  
and did not conceal my | guilt.
- 6 I said, "I will confess my transgressions to the | LORD." \*  
Then you forgave me the guilt of my | sin.
- 7 Therefore all the faithful will make their prayers to you in time of | trouble\*  
when the great waters overflow, they shall not | reach them.
- 8 You are my hiding-place; you preserve me from | trouble; \*  
you surround me with shouts of de- | liverance.
- 9 "I will instruct you and teach you in the way that you should | go; \*  
I will guide you with my | eye.
- 10 Do not be like horse or mule, which have no under- | standing; \*  
who must be fitted with bit and bridle,  
or else they will not stay | near you."
- 11 Great are the tribulations of the | wicked; \*  
but mercy embraces those who trust in the | LORD.
- 12 Be glad, you righteous, and rejoice in the | LORD; \*  
shout for joy, all who are true of | heart.

**The Epistle: Romans 5:12-19**

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one

man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. The Word of the Lord. **Thanks be to God.**

**Sequence Hymn (at 10:30):** "Praise to the Holiest in the height" Hymnal 445  
(Please remain standing)

**The Gospel: Matthew 4:1-11**

The Holy Gospel of our Lord Jesus Christ according to Matthew. **Glory be to thee, O Lord.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord. **Praise be to thee, O Christ.**

**The Lent Cross Liturgy (at 10:30)**

**The Nicene Creed** (Please stand as you are able)

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**The Exhortation**

**BCP 316**

**The Confession of Sin** (Please kneel)

**Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are**

**penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

*Celebrant:* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen**

*Celebrant:* Hear the Word of God to all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you. (Matthew 11:28)

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. (John 3:16)

**The Peace**

*Celebrant:* The peace of the Lord be always with you. **And with thy spirit.**

**Announcements**

**Birthday and Anniversary Prayer**

**See bulletin insert**

**THE HOLY COMMUNION**

**Offertory Anthem (at 10:30):** "O Lord my God"

S. S. Wesley

(Please stand as the offering is presented at the altar)

*Celebrant:* All things come of thee, O Lord. **And of thine own, have we given thee.**

**The Great Thanksgiving: Eucharistic Prayer I**

(Please stand or kneel)

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Sanctus** (sung at 10:30)

**Hymnal S 114**

**Holy, holy, holy, Lord God of Hosts: Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

(Please kneel)